

It is for freedom that Christ has
set us free. – Galatians 5:1

WHAT IS FREEDOM PRAYER?

Freedom Prayer is a personal prayer ministry that exists to help with the process of recognizing and resolving anything that would keep us from a deep and abiding relationship with God. Like first aid, Freedom Prayer is a “first responder” ministry focused on fundamental emotional and spiritual needs that hinder individuals in their Christian walk, such as sin, wounding, and false beliefs about themselves, others and God. Sometimes, the results of these patterns and strongholds are small but have a large impact over time. Other times, the issues are big and cause continual and profound struggles. Freedom Prayer is a safe and confidential time of prayer with a few trained team members who are devoted to praying with and for those who seek freedom. It is a biblically based ministry which has been proven effective in bringing about reconciliation and restoration. It is dependent upon the Lord’s leading and His heart for a deep relationship with His children.

IS FREEDOM PRAYER FOUND IN SCRIPTURE?

Freedom Prayer consists of a set of biblical understandings, tools and techniques that practically cover topics such as connection to God, forgiveness, applying truth, God’s authority in spiritual warfare, identity, and God’s solutions to strongholds. Freedom Prayer puts into practice the myriad verses about bearing with, restoring, forgiving, confessing to and encouraging one another. It helps us apply the finished work of Christ to the unfinished work of sanctification within us, our families, and our friends.

Essentially, it is a Romans 8 ministry wherein we, by the Spirit, put to death the things that hurt, limit and bind us and bring about a focus on finding life through an ongoing intimate relationship with God. This approach is intentionally and prayerfully applied in the Freedom Prayer times through several components. These are: (1) Ten Foundations to provide a framework and safe boundaries; (2) a clear and biblical understanding of four broad categories of need from Jesus’ parables in Luke 15; (3) application of key biblical approaches (such as forgiveness and confession) to bring about the opportunity for freedom; and (4) a five-step flexible process to keep prayer times focused and structured.

IT IS USED IN CHURCHES AS:

- As a tool for personal freedom and in inter-personal relationships, as well as a help in personal prayer and devotional life
- As a church ministry – Freedom Prayer teams and partnership with small group leaders, church counselors, youth groups and women’s/ men’s ministry
- As a transformational lifestyle and church culture changer
- In partnership with outside mental health services and practitioners, other ministries, organizations and non-profits
- As a tool for evangelism and discipleship

Freedom Prayer trains and equips “first responder” teams in churches and non-profit ministries to help others in finding freedom from sin, wounding, entanglements and false beliefs. As these issues are met with truth, the ultimate goal of Freedom Prayer is to bring individuals into a more personal relationship with God so that they may live a more fruitful and abiding life. A variety of training models exist to meet the specific needs of a church or organization and include long term relationship as a resource and in continuing education.

More details can be found in the book *Freedom Tools* by Andy Reese and Jennifer Barnett
or at freedomprayer.org.

Find more information at brentwoodhills.org/freedom-prayer